

Information Sessions (By Request)

WHIRSCQ offers tailored information sessions for community groups and service providers on topics including:

- Counselling and therapeutic services.
- Complex trauma, including domestic, family violence, and sexual violence, responding to disclosure and supporting survivors and their families.
- Prevention, capacity building and awareness raising.
- Achieving and maintaining well-being.

We welcome opportunities for community engagement and collaborative service delivery.

Student Placement

WHIRSCQ provides student placements in consultation with tertiary education institutions. Conditions apply.

Volunteers

For enquiries, please contact us.

Membership

Become a member of WHIRSCQ! Members vote annually to elect our Board of Directors.

Donations

We gratefully accept:

- Financial donations (in person or via direct deposit).

Outreach Services: (by appointment only)

North Rockhampton

75 Elphinstone Street
North Rockhampton QLD 4701

Gracemere

Gracemere Family Practice
Shop 1–5 Lawrie Street
Gracemere QLD 4702

Yeppoon

Livingstone Shire Council Community Centre
80 John Street
Yeppoon QLD 4703

Mount Morgan

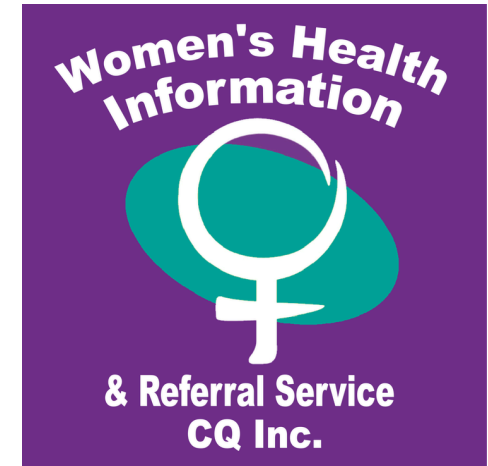
The Benevolent Society
32 Thompson Avenue
Mount Morgan QLD 4714

Emerald

CatholicCare Emerald
141 Egerton Street
Emerald QLD 4720

Blackwater

Community Centre
14 Wey Street
Blackwater QLD 4717



**225 Bolsover Street,
Rockhampton**

**PH: (07) 4922 6585
or 1800 017 382**

reception@whccq.org.au

www.womenshealthrockhampton.com

**Opening Hours:
Monday to Friday
9.00am–5.00pm**

Find us on 



Women's Health Information and Referral Service CQ Inc. is funded by the Department of Families, Seniors, Disability Services and Child Safety.

About Us

Women's Health Information and Referral Service CQ Inc. (WHIRSCQ) is dedicated to enhancing the quality of life for women, especially those affected by gender-based violence. We also support individuals of all genders and their loved ones who have experienced sexual violence—whether recently or in the past.

Founded in 1991, WHIRSCQ is funded by the Queensland Government Department of Families, Seniors, Disability Services and Child Safety. We operate from a feminist perspective, promoting gender equality, embracing cultural diversity, and delivering trauma-informed, holistic, and person-centred care.

Counselling & Support

We provide free and confidential counselling and support to women, men and young people, including those from disadvantaged or marginalised communities:

- Aboriginal and Torres Strait Islander peoples (ATSI).
- Culturally and Linguistically Diverse (CALD) communities.

- Women experiencing or at risk of homelessness.
- Residents in rural, regional and remote areas.
- Disability, including mental illness.
- Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex, and Asexual (LGBTQIA+) individuals.

Our Programs

Delivered in a safe, non-judgmental and inclusive environment— available face-to-face, by phone, or via video conferencing.

General Counselling (Women and youth 14+)

- Support for any issue affecting their well-being.
- Historical domestic and family violence.
- Information and referrals.

Sexual Violence Counselling (Women, men, and youth aged 12+)

- Support for recent or historical sexual violence.

Outreach Services

Available by appointment in:
North Rockhampton, Gracemere, Yeppoon,
Mount Morgan, Emerald and Blackwater.
Contact our Rockhampton office for more details.

Additional Services

- **Information & Referral:** Assistance with connecting to other services.
- **Workshops:** Topics include anger management, confidence building and self-awareness.
- **Community Groups:** Open session facilitated by external providers (e.g. Yoga, Tai Chi, Mindfulness & Compassion Meditation).
- **Wellness Expo:** Annual event showcasing services that promote the well-being of women and families.
- **Domestic and Family Violence Prevention Month:** Annual awareness campaign.
- **Reclaim the Night BBQ and Candle Light Ceremony:** Held during Sexual Violence Awareness Month in October.
- **Share the Dignity Partnership:** We accept donations of sanitary products for distribution to those in need.